



**Welcome**

Victoria Bowman, Co Chair welcomed everyone to the meeting. Victoria reminded everyone of the rules and read out a list of the people who couldn't come today. Everyone introduced themselves.



**Notes of last meeting/  
matters arising**

Mark Humble apologised for the lateness of the agenda. He will make sure that the next agenda goes out in plenty of time.



Mark went through the notes of the meeting on the 2<sup>nd</sup> of December 2013 to check they were right. We agreed they were.

Things we said we would do at the last meeting.

- **The Peoples Parliament to send a copy of the GP letter to Mark to share with the Network.**
- A list of the support available needs to be put together that sets out the type, where it is, how to access it and how much it costs. Healthwatch can help with this.
- **Andrea to liaise to talk to the Peoples Parliament**
- At the last meeting the Network talked said what it though good support would look like for people going into an assessment and treatment service. Mark wrote these up and sent them to Inclusion North and the Winterbourne View regional group. Inclusion North thought it was great and it's included in their bulletin no 57.
- **Mark to share the paper with the Network**



## Winterbourne View

At the last Network meeting we agreed that at every meeting we wanted an update on the work about Winterbourne view.

In 2013 Mencap wrote a report that said there are some big questions each Network should ask about Winterbourne View and the people who were in assessment and treatment at the time.

Donna Owens, the learning disability commissioner who works for the North of England East Commissioning Support Unit came to answer the questions we had.



### **Question 1. How many people with a learning disability from the local area are in (assessment and treatment) units and how many of these are out of area?**

There were originally four (4) people, there are now three (3). One person has moved out. One (1) person has a different Local Authority. However work is underway to make sure that they get the support they need.

### **Question 2. How long have the people been in the unit they are in?**

A, has been in since 2012

B, has been in since 2003

C, has been in since 2010

### **Question 3. When will each person come back to a suitable place in their local community?**

All of the people that we are working with have been reviewed and we are now looking for a suitable place for people to move to. There isn't an exact date as this will depend on when the support provider and property can be found.

**Question 4. If anyone will not be moved out of the unit they are in, please say why?**

All of these people will be moving from where they are.

**Question 5. Since the Winterbourne View check, how many people are in Assessment and treatment to date?**

There are five (5) people in an assessment and treatment service to date from Darlington. All of these people have a Care Manager

Mark and Donna also updated the Network on five (5) people who are not part of the Winterbourne review, however are currently under mental health section in hospital receiving treatment. Four (4) of these are in the region and one (1) is placed away from the north east. These people have been in hospital for a number of years.

Mark updated the Network briefly on a new report that says what has happened in the last year

[https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/266217/EasyRead\\_Winterbourne\\_view\\_one\\_year\\_on\\_WEB\\_ACCESS.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/266217/EasyRead_Winterbourne_view_one_year_on_WEB_ACCESS.pdf)

At the same time the Health and Social Care Information centre published the 2013 learning disability census.

<http://www.hscic.gov.uk/catalogue/PUB13149>

This report says:

- There are still similar numbers of people in assessment and treatment services as there were before Winterbourne View happened
- 60% of those people have been in a service for a year or more and 25% for more than five (5) years
- In the south west of England over 50% of people are more than 80 miles from home. In our area only about 9% are more than 80 miles away from home.



Mark told us he took a report to the Safeguarding Adults Board to update them on what has been happening. They are very interested in making sure that people are safe. The Board are going to do a check to make sure that they are doing what they need to do to keep people safe.



The Peoples Parliament told us that they looking to increase their membership and have non active members. This means people are members of the parliament and will get information but they don't have to attend meetings unless they want to. They suggested that, when they have the information about the parliament this could be given to the people in hospital for information and if the people wanted to they could contact the Parliament. Everyone thought this was a great idea.



### Things to do:

- **Once the Parliament have their information about membership they can let mark know and he and Donna will make sure that those people in hospital get the information**
- **Mark to share the report he wrote for the adult Safeguarding Board**

### Learning Disability Self Assessment



Mark gave an update:

- The Self Assessment was returned by the 6<sup>th</sup> of December.
- Mark and Donna thanked everyone for their support with it, in particular the stories we got back were great.
- The next step is that there is a meeting planned for the 7<sup>th</sup> of March at the Durham Centre.
- A group of people will ask Darlington about the return and ask us to say a bit more.



- We think our team should include:

Mark Humble, Donna Owens, Sheila Halpin, Dawn Cook, Kevin Kelly, Harry Longmoor, Karen Reed, Michaela Hopps, Nicola Bennett



### Next Steps

We need a plan to make things even better. Mark has asked Kellie Woodley to come to the next Network meeting to help us with that. We agreed that would be a good idea.

### Actions:

**Mark will let people know who our team is**  
**Mark will invite Kellie**



## Autism Self Assessment

In July 2013 – Darlington were asked to complete a self assessment about how it has made the Autism Strategy happen.

Darlington was asked some questions and they were asked to say how they were doing used the Red, Amber, Green idea



The Self Assessment says:

- We need to get better any getting the right information about people – we have some but it needs to be better.
- We need to get better at talking to and listening to people with autism
- We need to get better at talking to and listening to carers.
- We need to get better at helping the community understand about Autism and the things it can do to make sure people with autism can play their part.



- We need to do more to understand the needs of older people with autism
- We need to get better at working together with the Criminal Justice System
- We need to support more people into work
- We need to get better at making sure people have training about autism



Mark and Donna wrote a paper which went to the Health and Wellbeing Board updating them on the self assessment.

The Network are clear that Autism is not just an issue for people with a learning disability, however the Network is a good place to keep an eye on what is happening

We agreed that we should write a plan and agreed the important things in the plan should be:



- Supporting people into paid work
- Making sure people and their carers voices are heard and listened to. We know that the best people to say they should be supported are those who need support.
- Working together with the Criminal Justice System
- Make sure the Council and health know what the needs of people are
- Help universal services understand about autism and help them make changes so people can use everyday services and support.

The network also want to include making sure that people are supported to keep safe, to live a life but do so safely.

**ACTION: Mark to bring a draft plan back to the Network.**





## Carers Update

Lisa gave us a brief update:

### Life Stages Carers' Network

5 carers attended the meeting on 10<sup>th</sup> January and 1 carer who was unable to attend asked to receive information following the meeting. Natalie Palmer from Latimer Hinks (solicitors) was the speaker and talked about wills and trusts. Natalie stressed the importance of having a will, which should be reviewed regularly, in order to ensure that the people you want to inherit do. She also gave information about how to safeguard funds for disabled relatives through setting up a Trust.

We are developing a flyer to attract new carers to the Network. The flyer will need to be distributed as widely as possible. Group members suggested that it should be available in GP surgeries.

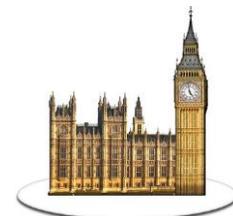
Lisa will follow up re the Health Carers Group

A meeting was held with DAD Carers Support Service at the end of January to look at how to join together existing work done by DAD with disabled children, plus some more carer-focused work.

The next meeting of the Life Stages Carers Network will be on 6<sup>th</sup> March. There will be no speaker at this meeting but we would like views on what speaker's people would like in the future.

Meetings take place approximately every 2 months

## The Peoples Parliament



The Peoples Parliament had to leave early as they were unable to book a taxi any later.



They raised an issue in relation to the supported self assessment. They think that if you indicate that you do not need any assistance with medication then someone will not get support with things like going to a GP or Dentist or hospital appointment. Kevin Kelly said that was not right, however he will double check. Dawn and Karen said that there is support from health when people need assistance to keep well.

**Action: Kevin will talk to Donna about this.**

**Any Other Business**

Mark told us that Jackie Hiles from DAD sadly died just before Christmas. Jackie was a long standing member of the Network and will be greatly missed by us all. Our thoughts are with her family and colleagues

Andrea told us about some work NHS England is doing to make information accessible. She will share this with the Network

Mark gave a quick update on the Councils plan to make sure what it does is co produced. We will watch this space with interest.

The Regional Partnership Board will take place in Darlington on December 12<sup>th</sup> please put this in your diary – it will be at the Dolphin Centre

We agreed at the next Network we will have a brief discussion about the words that we use. A lot of people are using words like LD which we don't feel is right. Mark to put on the agenda

**Next Meeting**

**7<sup>th</sup> April 2014 1pm – 3pm**

**The Dolphin Centre**

**Darlington**

