

# Family First Aid

Enhance your first aid abilities through this FREE course offered by Learning & Skills. Learn how to ensure the safety of yourself and your loved ones. Gain knowledge on responding to emergency first aid scenarios, managing choking or accidental poisoning incidents, mastering effective CPR techniques, and much more.

**Every Monday,  
5 Weeks,  
15 April - 20 May, (excluding 6th May)  
1pm - 3pm  
Borough Road Nursery**

**FOR MORE INFORMATION AND TO APPLY VISIT  
WWW.DARLINGTON.GOV.UK/LEARNINGANDSKILLS  
OR SCAN THE QR CODE BELOW**

You can also contact us on **01325 405601, 07932 869325** or  
**l&s@darlington.gov.uk**



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**There will be tea / coffee and a tasty  
sweet refreshment available**