

# DEEP stands for Dementia Engagement and Empowerment Project

Be a part of DEEP – the UK Network of Dementia Voices



## Deep Values – Hear us, See us, Join us

### Hear us:

**Unity** – DEEP is a place where we come together as part of a network of groups

**Opportunity to have a voice** – DEEP provides equal opportunities for all voices in our groups to be heard, involved, and contribute about what matters to us

**Respect** – DEEP members respect different views and voices

**Our Voices** – DEEP is about more than one voice; it is a powerful, collective network

### See us:

**Busting the stigma of dementia** – DEEP members respectfully challenge the stigma of dementia through our voices and our activities

**Influence** – DEEP members can aim for any level of influence in the dementia world, your home, your street, your country. No action is too small

**Honesty** – DEEP offers a safe place to be raw, emotional, and even angry, whilst being respectful and mindful of the needs of others

### Join Us:

**Love** – DEEP groups encompass a sense of safety, belonging and unity

**Humanity** – DEEP members treat each other with kindness and respect

**Anchor** – DEEP provides a safe environment to belong and enable

**We are all the DEEP Network – it belongs to us.  
We share, learn and support each other. Our  
voices are more powerful together.**

it helps so much you listen  
to me and understand



## **Join the network if you:**

- Are part of a group of two or more people living with dementia.
- Are happy to share what you are doing with the rest of the network on a regular basis.
- Ensure that engaging and empowering the voices of people living with dementia is the main focus of your group.
- Enable people living with dementia to set their own agenda.

**As part of the network you will join a growing number of groups across the UK.  
By being part of the network you will:**

- Be able to share ideas and receive support.
- Find out what is happening in other parts of the country.
- Take part in different opportunities.
- Connect with other groups.

**For further information about the DEEP Network please contact:**

**[Niblock@myid.org.uk](mailto:Niblock@myid.org.uk) or visit the DEEP website at [www.dementivoices.org.uk](http://www.dementivoices.org.uk)  
for more details.**

