

Darlington Carers Support

Your Local Charity

Click the button above to visit our new website \star

We are the primary Carer support service in County Durham and Darlington! Click on the buttons to find out more about what we do:

GROUPS AND EVENTS

Online and face to face groups available for all Carers

FUNDING FOR A BREAK

We continue to offer Carer Breaks to those Carers in need. We have been able to provide Spa Days, Gym memberships, theatre tickets, walking equipment and much more. There are criteria to meet but we will support where we can.

BENEFITS & GRANTS

We also have access to funding for driving lessons, courses and overnight stays (in the UK) – this funding is financially assessed and Carers must meet all criteria.

COUNSELLING

Our free Counselling service continues to go from strength to strength and we offer this in lots of corners of the County as well as over the phone or online. Our waiting list is approximately 4 weeks and the need for Counselling must be related to their caring role. To find out more contact Andrea Emerson on 0191 500 6010



www.dccarers.org





admin@dccarers.org



Our New website makes it so much easier for you to make a referral:

MAKE A REFERRAL:

click here

We know that professionals already working with Carers and their families are the best people to identify and refer Carers to our service. Carers already trust and engage with you and if you recommend us to them, they will be happy to access the service. We can work with you in partnership to make sure Carers get the support they need.

We continue to run our Connecting Carers Project that aims to ensure Carers are not left behind digitally. We can help source IT equipment, show them how to use their devices with anything from online banking to emails. We know with Winter setting in Carers can become more isolated so we can help keep them connected. Get in touch to find out more contact Ruth Sykes on 01325 500 6031 or ruth.sykes@dccarers.





Support with Benefit Forms:

Did you know we can help Carers to complete benefit applications, from filling in benefit forms, giving advice on what they can apply for or helping Carers get a grant to access something they really need. Our staff have a wealth of knowledge and experience to support Carers

County Charity Mark



10 yea<mark>rs</mark>