

# Continuing Professional Development

Continuing Professional Development (CPD) courses are unaccredited short, 4-6hr courses that help you gain the vital skills and knowledge needed for the workplace. They are ideal to help build a new CV or make it more appealing with relevant, up to date training for employment. They are suitable for those in employment already or those looking for work.

**How does it work?** CPD courses are accessed online where you will answer resource-based questions whilst applying your own knowledge and experience. There are no exams or course work and all resources needed are provided for you.

- Creating Inclusive Spaces & Support for People with Autism and Learning Disabilities
- Dementia Awareness
- Domestic Abuse
- Effective Communication for People with Autism and Learning Disabilities
- Risk Factors of Diabetes
- Forms and Causes of Diabetes
- Understanding the Safe Handling of Medication
- Manual Handling Safety at Work
- Solving Problems and Making Decisions
- Discipline in the Workplace
- Safeguarding Adults and Children
- Principles of Internet Safety
- Leading and Motivating a Team
- Organising and Delegating
- First Aid Programme
- Stress Management
- Understanding Anxiety
- Communicating with Others at Work
- Prevention and Control of Infection
- Prepare to Deliver Excellent Customer Service
- Food Safety Awareness
- General Data Protection Regulation (GDPR)
- Personal Money Management
- Rights and Responsibilities in the Workplace
- Understanding Equality and Diversity in the Workplace
- Understanding Consent
- Control of Substances Hazardous To Health (COSHH)
- NHS Identifying and Treating Undernutrition in Care Homes
- SIECPFO - Safeguarding in Education
- Understanding Leadership
- Career Development
- Fire Safety Principles
- Understanding Depression
- Darlington School Food Award

Learning & Skills



To find out more, contact the team on

**01325 405601** or **[l&s@darlington.gov.uk](mailto:l&s@darlington.gov.uk)**

Visit our website at

**[www.darlington.gov.uk/learningandskills](http://www.darlington.gov.uk/learningandskills)**

or scan the QR code.