

Continuing Professional Development (CPD)



FREE OF CHARGE • ONLINE COURSES • AVAILABLE 24/7

A variety of individual, short courses to help you gain the vital skills you need to progress up the career ladder or to add to your CV to find employment. These courses are accessed online in your own time, run all year round and take a matter of hours complete

- **HEALTH AND SAFETY IN THE WORKPLACE**
- **MANUAL HANDLING SAFETY AT WORK**
- **SOLVING PROBLEMS AND MAKING DECISIONS**
- **DISCIPLINE IN THE WORKPLACE**
- **SAFEGUARDING ADULTS AND CHILDREN**
- **PRINCIPLES OF INTERNET SAFETY**
- **LEADING AND MOTIVATING A TEAM**
- **ORGANISING AND DELEGATING**
- **FIRST AID PROGRAMME**
- **STRESS MANAGEMENT**
- **UNDERSTANDING LEADERSHIP**
- **CAREER DEVELOPMENT**
- **FIRE SAFETY PRINCIPLES**
- **SUBSTANCE MISUSE AWARENESS**
- **UNDERSTANDING DEPRESSION**
- **UNDERSTANDING ANXIETY**
- **COMMUNICATING WITH OTHERS AT WORK**
- **DARLINGTON SCHOOL FOOD AWARD**
- **PREVENTION AND CONTROL OF INFECTION**
- **UNDERSTANDING THE SAFE HANDLING OF MEDICATION**
- **MENTAL HEALTH AWARENESS**
- **PREPARE TO DELIVER EXCELLENT CUSTOMER SERVICE**
- **FOOD SAFETY AWARENESS**
- **GENERAL DATA PROTECTION REGULATION (GDPR)**
- **PERSONAL MONEY MANAGEMENT**
- **RIGHTS AND RESPONSIBILITIES IN THE WORKPLACE**
- **UNDERSTANDING EQUALITY AND DIVERSITY IN THE WORKPLACE**
- **UNDERSTANDING CONSENT**
- **CONTROL OF SUBSTANCES HAZARDOUS TO HEALTH (COSHH)**
- **NHS IDENTIFYING AND TREATING UNDERNUTRITION IN CARE HOMES**

For more info and to apply visit:

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