



# MY LIFE, MY COMMUNITY

## DARLINGTON

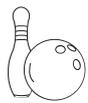
Social Groups for Autistic and Neurodivergent Adults (18+)



Connect with other neurodivergent adults.



Create friendships and supportive connections.



Take part in fun community activities such as cinema, walks, board games, escape room, pub, meals out, etc.

WHEN: Tuesdays 3:30 – 5:30pm & 6:00 – 8:00pm

WHERE: Café Refresh, Bradbury House, Beaumont Street West, Darlington, DL1 5SX

**For more details or to register your interest:**



[www.daisychainproject.co.uk](http://www.daisychainproject.co.uk)



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**SCAN  
ME!**

