





MY LIFE, MY COMMUNITY MIDDLESBROUGH

Social Groups for Autistic and Neurodivergent Adults (18+)



Connect with other neurodivergent adults.



Create friendships and supportive connections.



Take part in fun community activities such as cinema, walks, board games, escape room, pub, meals out, etc.

WHEN: Wednesdays 3:45 – 5:45 pm and 6:15 – 8:15 pm

WHERE: Newport Community Hub, St Pauls Road, Middlesbrough, TS1 5NQ

For more details or to register your interest:



www. daisychainproject.co.uk



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