

**Have you or
someone you know
experienced
Domestic Abuse in
the past and want
to join up with other
men with similar
experiences, learn
new skills and make
sense of what
happened?**



**1 in 6 men
will be a victim
of domestic
abuse in their
lifetime**

ManKind Initiative are hosting a
9 week online **Pattern Changing
course** via Zoom **for male survivors**
funded by the **Durham Police
and Crime Commissioner.**

**For further details call 01823 334229
or email training@mankind.org.uk**