

The University of Manchester

## Participants Needed!!

## Would you like to take part in Dementia Research?

## Are you:

- A carer of an Urdu speaking British
   South Asian with dementia
- ✓ Speak Urdu or/& English
  - ✓ British South Asian
  - ✓ Over the age of 18

Research Topic: Developing a Culturally Adapted Intervention to Improve Cognitive Functioning in British South Asians with Dementia.

**Purpose:** The purpose of this research is to culturally adapt and translate a therapy for mild dementia that is appropriate for British South Asians.

## You will be required to take part in one OR two of the following research activities:

**Focus Group 1:** A group discussion where you will help us select which therapy for dementia is more appropriate for British South Asians.

**Consensus Process Meeting:** A group discussion which will help us finalise the draft manual for the therapy.

**Focus Group 2:** A group discussion where you will be asked to scrutinise the adapted therapy. This Focus Group will help us finalise the therapy.

If you would like to take part or would like further information please contact Sarah McMullen.

Email: <a href="mailto:sarah.mcmullen@postgrad.manchester.ac.uk">sarah.mcmullen@postgrad.manchester.ac.uk</a>.

Phone: **0161 275 7043**.