



WHAT IS SHARED LIVES?

Shared Lives is about opening your home to an adult who needs a bit of extra support to live independently.

Support is shaped around everyday life and fits around different lifestyles. It can look different for everyone, but might include:

- Cooking and eating together
- Time at home or getting out and about
- Day trips, holidays or simple activities
- Sharing interests, hobbies or quieter time

What Shared Lives looks like depends on the person you support, your life and what you agree together.



THINKING ABOUT SHARED LIVES?

Shared Lives works best when it feels like a good fit for everyone. That's why St Anne's takes time to listen, explain things clearly and support you properly from the start.

If you have a spare room, some time, and you're open to welcoming someone into your home, it could be worth a conversation.

We are looking for 12 Shared Lives carers in Darlington.

TO FIND OUT MORE



Scan the QR code

Scan the QR code to read real stories and learn more about Shared Lives.

Shared Lives Team



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SHARED LIVES IN DARLINGTON

OPEN YOUR HOME

AND CHANGE A LIFE!

A way to earn extra income from home while making a real difference to someone local.



IS SHARED LIVES FOR YOU?

Shared Lives is right for people with many different lives and backgrounds. It works well for people who:

- ✓ Have a spare room and are comfortable welcoming another adult into their home
- ✓ Are patient, consistent and dependable
- ✓ Can offer time, stability & understanding
- ✓ Want to use their life experience to support someone else

You don't need qualifications or care experience.

Free training and ongoing support are provided, and matching is done carefully so it feels right for everyone involved.

INCOME FROM YOUR OWN HOME

As a Shared Lives carer, you are paid for the support you provide, all from your own home.

You could earn up to £600 per week, depending on the type of support and individual needs.

For many people, Shared Lives offers:



A practical way to earn extra income from home



A role that fits around family life, travel or other commitments



Purpose, pride, and knowing you are doing something that makes a difference



Friendship, new connections and shared experiences

SUPPORT WITH EVERYDAY LIFE

As a Shared Lives carer, you will support someone to feel settled and at home in your household, while building independence.



Helping someone feel comfortable, safe and at home in a shared household



Supporting everyday routines like meals, shopping and budgeting



Helping with appointments, letters and paperwork



Supporting access to education, training or employment



Building routines that support wellbeing and independence



Staying connected with family, services and your community