

Early Years Conference: Physical Development, Health and Wellbeing

Wednesday 11th January 4-7pm

Riverside Stadium, Middlesbrough, TS3 6RS

Registration opens at 3.30pm



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**The early years conference
is aimed at anyone who
works with children 0-5**

>>> Click here for bookings

Bookings close Friday 9th December

£20 per delegate

which includes food and refreshments.

Unlimited spaces per setting



teesvalleysport.co.uk

Early Years Conference: Physical Development, Health and Wellbeing

The Workshops



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Keynote Speaker

We have dance and movement specialist in **Early and Primary Education, Helen Batterley**, delivering a keynote for all around 'Boosting communication language and literacy through music and movement' This keynote will demonstrate how movement can help promote communication, language and literacy in early childhood. Delegates will develop an understanding of movement pedagogy and its influence on brain/body connectivity. Movement is our first language, our first form of communication with ourselves and the outside world. There is a strong correlation between the rhythm of music and the rhythm of language - this interactive seminar will demonstrate how music can be used to elicit excellent responses in young learners.

All delegates will be able to choose 2 workshops from the list below to attend on the day.

Workshops:

- 1 Music and Movement in early years – Led by Helen Batterley, national early years consultant**
 - This highly practical session will delve into the world of music and movement in the early years by providing practical examples and evidence based practice on raising engagement and reaching all of the early learning goals.
 - Delegates will be inspired and gain confidence in creating more innovative lesson planning incorporating music and movement. Plus...there will be a free gift!!
- 2 Developing fundamental movement skills through 'Funky Feet' – Led By Leanne Oxley, Stockton Council**
 - Explore how Funky Feet complements/achieves outcomes relating to the Statutory Framework for EYFS
 - Gain the skills to be able to deliver sessions back in the setting
 - Explore how Funky Feet can be delivered, developed and adapted within an EYFS setting
- 3 Playing Outdoors in EYFS - Led by Sarah Parker, Play Outdoors Hartlepool**
 - Explore the case for playing outdoors and why it leads to happier and flourishing children
 - Evidence for outdoor play and learning
 - How outdoor play can be a key part of the seven areas of learning and development
 - Practical, low cost ideas of how to bring more outdoor play and learning to your setting
- 4 Developing physical literacy through active storytelling and role play – Led by Tracy Raynor, Tees Valley Sport**
 - Why it's important to get children active
 - Explore what FUNdamental movement skills are
 - Practical ideas of how to develop these skills using stories and role play
- 5 Purposeful gross/fine motor activities – Led by Samantha Lee, EYFS Specialist Teacher**
 - Understand what is meant by gross and fine motor skills
 - Explore how these link to a child's physical development
 - Practical ideas for purposeful gross and fine motor activities within the setting
- 6 Discovering how movement skills impact on early childhood development and school readiness – Led by Dr Daniel Jones, lecturer at Teesside University**
 - Discuss how promoting movement skills can positively impact early childhood development and school readiness
 - Explore which movement skills are associated with which areas of development and explore strategies to promote the development of these skills
 - Opportunities to share your practice and learn new ways to promote childhood development through movement.
- 7 Engaging families in children's daily physical activity habits – Led by Philippa Youlden, early years consultant**
 - Identify ways to engage families in children's daily activity
 - Explore key messages to share with families in a friendly impactful way
- 8 Let the children crawl, climb, dance - Sharing the reasons these activities are so beneficial to children in the early years - Led by Philippa Youlden, early years consultant**
 - Identify the role crawling, climbing and dancing have in whole child development
 - Explore ways to include these in settings
- 9 Promoting positive body image, diversity and acceptance within EYFS - Led by Amy West, Body Happy Org**
 - Body image literacy for educators (understanding what body image is and how it impacts children in the EYFS age group)
 - Identifying messages which can disrupt body esteem in young children
 - Promoting body diversity for younger age groups
 - Creating a culture of body kindness and respect in an early years setting
- 10 'Healthy Movers' - Led by Youth Sport Trust**
 - Case Study of the Impact of Healthy Movers: developing children's physical literacy in the early years, support their social and emotional development and create healthy, active learners.

For any queries, please contact Tracy Raynor
t.raynor@tees.ac.uk