

Family First Aid

Enhance your first aid abilities through this FREE course offered by Learning & Skills. Learn how to ensure the safety of yourself and your loved ones. Gain knowledge on responding to emergency first aid scenarios, managing choking or accidental poisoning incidents, mastering effective CPR techniques, and much more.

Every Tuesday,

5 Weeks

16 April - 14 May, 12:45pm - 2:45pm

The Well Methodist Church, Darlington DL1 2EL

**FOR MORE INFORMATION AND TO APPLY VISIT
WWW.DARLINGTON.GOV.UK/LEARNINGANDSKILLS
OR SCAN THE QR CODE BELOW**

You can also contact us on 01325 405601, 07932 869325 or
l&s@darlington.gov.uk



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