



What's on Kooth in **February**

Wednesday 1st February

Discussion Board
Welcome to LGBTQIA+ History Month

Wednesday 8th February

Live Forum
How has peer support helped you
7.30pm - 9pm

Saturday 11th February

Discussion Board
**Are you feeling disconnected?
Coping with feelings of loneliness**

Monday 13th February

Live Forum
Let's talk about love
7.30pm - 9pm

Wednesday 22nd February

Live Forum
Having Boundaries: Friendships
7.30pm - 9pm

Friday 24th February

Discussion Board
**What do you want professionals
to know about Eating Disorders?**