



What's on Kooth in **March**

Friday 3rd March

Live Forum
Being together against
discrimination
7.30pm - 9pm

Wednesday 8th March

Live Forum
Boosting confidence and
resilience
7.30pm - 9pm

Tuesday 14th March

Discussion Board
Let's Celebrate Neurodiverse
Minds!

Wednesday 22nd March

Live Forum
Coping with feeling left out
7.30pm - 9pm

Sunday 26th March

Discussion Board
Epilepsy Awareness

Wednesday 29th March

Live Forum
What stops you reaching
out for support?
7.30pm - 9pm

Friday 31st March

Live Forum
Social Takeover: LGBTQIA+
7.30pm - 9pm

Whatever is on your mind, our team and
community are here to listen.