



# What's on Qwell in February

Wednesday 1st February

Discussion Board  
**Welcome to LGBTQIA+  
History Month**

Saturday 11th February

Discussion Board  
**Are you feeling disconnected?  
Coping with feelings of loneliness**

Friday 24th February

Discussion Board  
**What do you want professionals  
to know about Eating Disorders?**

Tuesday 28th February

Discussion Board  
**Body neutrality: What does  
your body do for you?**