#### Monday

# **Warm Space**

(aged 16+)

1:00pm - 3:00pm

#### Mindful Retreat

(aged 10 - 14)

4:00pm - 5:00pm

#### **Youth Club**

(aged 10 - 14)

5:00pm - 6:00pm

#### **Homework Club**

(aged 10 - 14)

6:00pm - 7:00pm

# YMCA HUB SESSIONS

\*TERM TIME ONLY\*

# **Thursday**

#### **Brunch Club**

(aged 16+)

11:30am - 1:30pm

#### LGBTQ+ tea & talk

(aged 10 - 15)

5:00pm - 6:00pm

#### LGBTQ+ tea & talk

(aged 16 - 19, up to 24 with SEND)

6:00pm - 7:00pm

## Tuesday

#### Soup & sarnie

(aged 16+)

12:30pm - 3:00pm

#### **Arts and crafts**

(aged 10 - 14)

6:00pm - 7:00pm

## **Friday**

## **Snug Club**

(aged 16 - 19, up to 24 with SEND)

5:30pm - 7:00pm

Do you need a place to just hang out and be yourself? Our hub is cosy with a lot on offer.

## Wednesday

#### **Youth Voice Initiative**

(aged 10 - 16)

4:30pm - 5:30pm

# Make your own pizza

(aged 10 - 14)

5:30pm - 7:00pm

## **Saturday**

#### **Youth Club**

(aged 10 - 14)

1:00pm - 3:00pm

This youth session runs on a bi-weekly basis, please contact

01325 462452 for info.

