



# What do we do?

- Reducing and preventing homelessness.
- Facilitating the transition to independent living.
- Enabling young people to be able to make positive life choices.
- Diversion from anti-social/risk taking behaviour and improving personal and community safety.
- Improving health, well-being and mental health.
- Preventing entry and/or rebound into statutory services/crisis intervention.
- Support progress into education, training and employment.
- Increasing access to services to support specific needs (substance misuse, exploitation).
- Increased inclusion into mainstream services and activities.



# Tees Valley YMCA – Youth Activities

*"Transforming communities so young people can belong, contribute and thrive"*

## Where to find us

Tees Valley YMCA Hub  
Middleton Court, Middleton Street  
Darlington DL1 1TU



## Acknowledgements:

With special thanks to all of the businesses who fund our services.



YMCA Tees Valley – Empowering Youth  
[teesvalleyymca.org.uk](http://teesvalleyymca.org.uk)

# About Us

Tees Valley YMCA is charity supporting young people to belong, contribute and thrive. We provide support, activities and connections. Our main youth activities are funded by the Big Lottery Fund grant. We work with partners across Darlington to maximise opportunities for young people and improve their life chances.

# Our Services

## Supported Accommodation:

25 bed supported living facility, intensive support, mediation, move on services and positive activities.

## Open Access Youth Services:

Detached youth work, centre based provision and outreach in schools and colleges.

## Prevention and Enabling Services:

Bespoke workshops exploring issues to help young people stay safe and reduce ASB/risk taking behaviour.

# Contact Us

 <https://teesvalleyymca.org.uk/>

 Tees Valley YMCA

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 01325 462 452

# After School Youth Sessions

- **Eastbourne Park Community Hub**  
Tuesday 4:30pm - 5:30pm  
All welcome to those aged 10 - 13  
*\*This session is open access\**
- **Redhall Primary School**  
Thursday 3:15pm - 4:15pm  
All welcome to those aged 10 - 13
- **Skerne Park Community Centre**  
Friday 3:30pm - 4:30pm  
All welcome to those aged 10 - 13  
*\*This session is open access\**

Our aim is to set up as many youth sessions as possible across Darlington and Tees Valley. We are currently in talks with local community centres and schools with the possibility of setting up more youth sessions for January 2024. For the most up-to-date information, please follow and like our social media pages to receive updates.



## Please note

All of the youth sessions listed are FREE to attend and resources are provided by Tees Valley YMCA. They will operate during term time only excluding bank holidays, for the latest updates - please check our social media or contact us directly.

# Hub Sessions at the YMCA

## Monday

Youth Club 4:00 - 5pm (aged 10 - 14)  
This session is filled with fun activities and games such as pool, foosball, darts, computers, Nintendo Wii, board games, art & crafts.

## Tuesday Starting 12th DEC

Soup & sarnie 12:30 - 3pm (aged 16+)  
This session is to give young people a warm space to relax, have access to support and advice as well as a hot meal.

## Wednesday

Pizza and pool 5:30 - 7pm (aged 10 - 14)  
In this session young people can learn basic cooking skills by making their own pizza and make new friends.

## Thursday

LGBTQ+ tea & talk  
5pm - 6pm (aged 10 - 15)  
6pm - 7pm (aged 16 - 19, up to 24 SEND)  
This session is a safe space for those who are apart of this community or an ally to meet like-minded individuals.

## Friday

Snug Club 5:30 - 7pm  
(aged 15 - 19, up to 24 with SEND)  
This is a warm space for young people to come and hang out. They can relax, watch movies and express themselves with a hot drink and biscuits.

## Saturday (Fortnightly)

Youth Club 1pm - 4pm (aged 10 - 14)  
These will include a variety of activities including board games, arts and crafts (similar to Monday).