

16-24, Struggling to focus on your next steps?

There's a whole world out there waiting for you!

**Middlesbrough
FC Foundation**

and

**First Stop
Darlington**

Want to help you move closer to your goals.

- 8 sessions over 8 weeks
- Focus on team challenges
 - Team Work
 - CV Building
 - Interview Skills
 - Football
 - Event Planning
 - and much more

**2 free
Match
Day
Tickets**

**Free Bus
Tickets
For
Sessions
and
lunch**

1st programme starts 6th Sept for 8 wks

2nd programme starts 1st Nov for 8 wks

**Spaces are limited Ring free now to
secure your place 0808 196 3144**



Foundation

firststop
Darlington