

Transition Scenarios

Use these prompt cards for circle time, small group work or discussion time to support young people making the transition to a different form group, year group or phase of education.

Imagine you are moving into a new form group.

What do you think it will be like?

What will be the same? What will be different?

What questions could you ask?

How will you feel?

Who could you ask for help?

Imagine you are moving into a new year group.

What do you think it will be like?

What will be the same? What will be different?

What questions could you ask?

How will you feel?

Who could you ask for help?

Imagine you are moving into a new English class.

What do you think it will be like?

What will be the same? What will be different?

What questions could you ask?

How will you feel?

Who could you ask for help?



Transition Scenarios

You have been given a piece of homework that you don't understand how to complete.

What could you do?

Who could you ask?

What might happen if you didn't ask for help?

You have lost your locker key and need to get your P.E. kit out of your locker, ready for the next lesson.

What could you do?

Who could you ask?

Where would be a safe place to keep your locker key?

This year, you are going to have school dinners at lunchtime. You are not sure what to do at lunchtime.

How might you feel?

Tell me about what might happen at lunch. What could you do?

Who could you ask for help?

Transition Scenarios

**This year, you are going to have sandwiches at lunchtime.
You are not sure what to do at lunchtime.**

How might you feel?

Tell me about what might happen at lunch. What could you do?

Who could you ask for help?



**In maths you realise you have packed the wrong school book
and have your science book instead.**

How might you feel?

Tell me about what might happen. What could you do?

Who could you ask for help? What might you say to your teacher?

What might help you remember for next time?

**It's your food technology lesson and you
have forgotten your ingredients.**

How might you feel? What might you say?

Tell me about what might happen. What could you do?

Who could you ask for help?

What might help you remember for next time?

Transition Scenarios

It's your P.E. lesson and you have forgotten your P.E. kit.

How might you feel?

Tell me about what might happen. What could you do?

Who could you ask for help?

What might help you remember for next time?



You have forgotten to bring in your history homework, although you have completed it and spent a long time completing it at home.

How might you feel?

Tell me about what might happen. What could you do?

Who could you ask for help?

What might help you remember for next time?

You are late to school in the morning because the bus didn't turn up on time.

How might you feel? What happens when you are late?

What could you do?

What might you say?

Who could help you?



Transition Scenarios

Imagine you are moving to a new school and you don't know anyone in your new year group yet as they all come from different schools. You feel lonely and shy.

What could you do?

What will be the same? What will be different?

What questions could you ask?

How will you feel?

How could you start a conversation with someone you don't know?

At home when you are packing your school bag, you keep getting confused and getting your books mixed up.

How might you feel?

What could you do in this situation?

Who could you ask for help?



This year, you will be catching the bus home. You find the bus stop but the older students keep pushing in front of you in the queue.

Where will you wait for the bus?

How might you feel?

What could you do in this situation?

Who could you ask for help?

Transition Scenarios

You have been given a new timetable but you can't understand the timetable. There are new subjects and it's confusing.

What lessons do you have each day?

How might you feel?

What could you do in this situation?

Who could you ask for help? Who could explain things?

You have been given four pieces of homework to do and you are feeling very worried about getting them all completed on time.

How might you feel?

What could you do in this situation?

Who could you ask for help? Who could explain things?

Are there any homework clubs in school?

You are following your new timetable but keep getting lost moving from lesson to lesson. Everyone else is now in class, ready for their lesson.

How might you feel? Have you ever been lost before?

What could you do in this situation?

Who could you ask for help?

