

THE WEEK AHEAD

21 September 2020



This year, with circulation of coronavirus, flu vaccination is more important than ever, with the largest ever flu vaccination programme being planned.

If you don't have the vaccine you risk:

- spreading flu to patients
- transmitting flu to your families and loved ones
- disrupting our care services, when as we move into autumn and winter, pressures on frontline services may be severe

So, #TeamCDDDT have the flu vaccine!
#doyourbit

Where? When? More details coming soon.

Watch out for details of our flu vaccination programme which will be starting soon.

Secretary of State visit - you did yourselves proud!



As you may know, the Rt Hon Matt Hancock MP, Secretary of State for Health and Social Care, spent most of last Monday, 14 September, with us, visiting Shotley Bridge, Bishop Auckland and Darlington Memorial hospitals.

A huge 'Thank you' to those of you who spent time with him, talking about your role and our services – you were welcoming, professional and positive. He told us how impressed he was, in particular, with what he learnt about our response to the Covid-19 pandemic – which is down to the conversations he had with you and what he saw during his visit.

The Secretary of State also commented on the evident speed of our response and how you adapted and changed services at such short notice, highlighting ED and ITU at DMH for particular praise.

Thanks again to those of you he talked to and who were busy at work in the departments he visited – you did yourselves and #TeamCDDFT proud!

A big #TeamCDDFT welcome!



We're delighted to welcome our first cohort of nurses from India who will begin working on wards soon.

Visitor restrictions - poster

Visiting is suspended across all wards and departments.

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Exceptions:

- Patients receiving end of life care (visiting arrangements will be at the discretion of the nurse in charge)
- Women in labour will be able to have one birthing partner
- One parent or carer will be able to accompany children in our emergency departments, children's wards and neonatal units
- Patients with dementia, a learning disability or autism and those who require a carer will be able to have one person accompanying them

Visit www.cddft.nhs.uk for more information.

CORONAVIRUS
PROTECT YOURSELF & OTHERS

Thank you for your support and understanding.

In light of the increased restrictions announced last week we made the difficult decision to reintroduce a temporary suspension on visiting from Friday 18 September. [CLICK HERE](#) for more information.

If you need copies of our new poster, shown here, for entrances to wards/departments please email: cdda-tr.communications@nhs.net as soon as possible.

It's Falls Prevention Week



Falls Prevention Week

Monday 21 – Friday 25 September 2020

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Falls Prevention Week 21- 25 September 2020

Today marks the start of Falls Prevention Week, which runs until Friday 25 September. Our Falls Leads, June Hughes and Delcy Wells want to thank everyone who works hard to prevent inpatient falls and provide support to the public in their homes, including care homes.

We're currently in the final year of our three year Falls Strategy. During the first year alone, we exceeded our target of a 10% reduction in inpatient falls and are hoping that, by the end of March 2021, our achievement will be even greater.

Perhaps most significantly, where falls do occur, they are much less likely to be Serious Incidents – the year to the end of March 2020 saw a 33% reduction in these on the previous year.

Delcy and June have identified a few of you for particular praise and gratitude for your contribution – and have thanked you in person with a box of chocolates!

Nerve Centre team: Des Burdess and Sarah Neve: Sarah and Des support the team in many ways including providing data on risk assessments undertaken for patients on their admission. These assess their mobility and lying & standing blood pressure. Issues with blood pressure can increase the risk of falling and a patient with mobility problems can receive a mobility device very quickly – often within 24 hours. So getting the data quickly from Des & Sarah makes a huge difference to patient safety.

Rebecca Webster – Information Officer, has also provided high quality data, quickly.

Hannah Stonehouse, lead pharmacist elderly care: falls can be linked to medication & Hannah has worked hard to support the falls leads with the updated medication and falls risk guide which helps staff identify patients at risk of falling.

Dr Nini Medical, consultant physician worked with the falls leads to develop the orthostatic hypotension leaflet, providing essential expertise and reviewing the content. This has been widely shared and will prove very useful in both acute and community settings.

Christine Hodgson – physiotherapist at Weardale Community Hospital has been providing 1:1 care during Covid-19 to try to prevent muscle wastage – with patients feeding back how delighted they have been with their improvement, thanks to Chris.

Thanks to all of you for your time, commitment and invaluable expertise – and to the many others not mentioned here.

Non-Executive Director post

NON-EXECUTIVE DIRECTOR

Join us
#TeamCDDFT

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Help to influence, shape and drive the future of healthcare within your community. £13,000 per annum with a possible additional allowance of £2,000 should you take on one of a small number of designated Board roles. The total time commitment averages approximately 4 to 5 days per month, starting on or around 1st January 2021.

NHS Jobs Reference: 439-C&G-19
Darlington Memorial Hospital

Virtual Open Evening for Short-listed candidates: 28th October 17.00-18.30 hrs

For further information please contact Warren Edge, our Trust Secretary, by email warren.edge1@nhs.net or by telephone on 07825 865335

APPLY VIA NHS Jobs

safe • compassionate • joined-up care

www.cddft.nhs.uk

The advertisement features a blue and green color scheme. It includes a 'Join us' graphic with icons of diverse people and a red circular button that says 'APPLY VIA NHS Jobs'. At the bottom, there are icons for YouTube, Facebook, and Twitter, along with the website URL.

To read the full advert: [CLICK HERE](#)

Staff survey 2020 – coming soon!

NHS Staff Survey 2020

Coming soon!

- ✓ Completely anonymous
- ✓ Online survey
- ✓ Share the good and the bad
- ✓ Another listening channel
- ✓ Your views count

#YouMatter #CivilitySavesLives



Leading the way in Covid-19 scientific research – paper published

We're delighted that a piece of work led by Dr Clare Leeds, Consultant Occupational Health Physician, subsequently written up as a scientific paper, has been published in EClinicalMedicine. This important piece of work investigated risk factors for detection of Covid-19 in healthcare workers during April 2020 in a UK hospital testing programme. To read the paper in full: [CLICK HERE](#)

Tissue Viability Project team to present at European Pressure Ulcer Advisory Panel

Congratulations to the Tissue Viability Project team, who have been asked to present their excellent work project at the European Pressure Ulcer Advisory Panel's (EPUAP) virtual meeting later this week, on Thursday 24 September 2020.

The presentation covers the education and prevention project, called the CREW programme, providing staff within care home settings and domiciliary care with the knowledge and skills to provide first line pressure ulcer and moisture lesion prevention strategies and generic management plans.

The CREW programme launched in March 2020 following a baseline data collection period and continued throughout the Covid-19 'lockdown' period, providing care homes with tissue viability support during the pandemic. The initial results have been excellent and staff evaluation responses are extremely positive.

Well done to all involved, and good luck for the presentation!

Change to out of hours palliative care advice

A message from the specialist palliative care team:

From 5pm on Wednesday 30 September 2020, the out of hour's palliative care advice line will be provided by the palliative care doctors working within County Durham and Darlington, rather than Marie Curie Hospice Newcastle. This follows the success of the advice line provided during the peak of the COVID pandemic. The service will be provided between 5pm and 9am, Monday - Friday and at all times across weekends and bank holidays.

The new telephone number for this service will be: 07917581089.

Please continue to use the current numbers to contact the team within normal working hours.

Out of hours reporting for CT scans – updated guidance

Guidance for requesting out of hours CT scans, provided by an external company, has been updated. This applies to any requests after 5.00pm and at weekends. For the revised guidance: [CLICK HERE](#)

Pathology annual user survey

A message from Pathology:

We're committed to providing a service of the highest quality by evaluating the needs and requirements of our users. A user survey has been developed to help us to provide you with the most efficient and effective service and analyse all aspects of the diagnostic support service.

Please [CLICK HERE](#) to take part in the survey.

The annual user survey is aimed at both external and internal customers and will also be used to assist in the annual review of the services we provide.

The closing date of the survey is Friday 30 October 2020.

NHS People Pulse - share your experiences #YouMatter



In partnership with NHS England and Improvement, we recently launched a new staff 'pulse check' which is entirely anonymous and voluntary. NHS People Pulse will give us another way to listen to your views and help improve the support we provide during the Covid-19 response and recovery. Your feedback will also inform local and national changes that improve the experiences of our people and patients.

Please take just five minutes every two weeks to check in on a number of important questions via this quick and simple People Pulse. [CLICK HERE](#) to tell us how you feel.

Ophthalmology Urgent Care weekend and bank holiday opening times

Ophthalmology Urgent Care weekend and bank holiday opening times will be changing from this weekend (Saturday 26th September) to 9.00am -1.00pm.

Temporary reduction in parking spaces – Darlington Memorial Hospital

On Friday 25th September there will be a reduction of car parking spaces in the car park adjacent to the Women's Centre to allow a survey to take place for our new MRI Scanner. Apologies for any disruption this causes.

Training & development opportunities

Invitation to bid for graduate management trainee scheme (GMTS) trainees for March 2021

We are pleased to announce that the next cohort of GMTS trainees will be available in March 2021. We would ask you to consider how participation in this programme could support your business planning and delivery of your key objectives. There are 3 specialisms available to consider:

- General Management
- Human Resources Management
- GMTS Finance Apprenticeship (previously Finance Management)

If you wish to participate in applying for the opportunity to host a Graduate, or for further information, please contact the Workforce Experience Team for details of the bid process: cddft.workforceexperience@nhs.net

The team will then provide a 'Word' version of the online bid form which will need to be completed & returned to the above email address by Friday 25 September 2020. All bids will be co-ordinated by Workforce Experience.

Mental health training for managers and staff

Learning and Development are offering two new training courses to help support people to better understand mental ill health and promote mentally healthy workplaces, these are:

- Mental Health at Work - specifically aimed at those who manage or supervise staff
- Basic Mental Health Awareness - aimed at all other staff

Both training sessions are being delivered via Microsoft Teams. For full details, please [CLICK HERE](#).

Compliments

Well done to the team in the Emergency Department at University Hospital of North Durham, who recently received some kind words from a patient: "I want to generally pay tribute to your department. You all do a brilliant job and are a credit to the Trust."

Press and media coverage

Each week, we like to share with you recent press and media coverage relating to the Trust. To view Media Watch: [CLICK HERE](#).

Internal vacancies

To see current vacancies and information on the application process: [CLICK HERE](#).
For regionally restricted non-clinical vacancies: [CLICK HERE](#)

Have you got news for us?

News, achievements & events can only be included in The Week Ahead if you tell us about them.

Please [CLICK HERE](#) to download and fill in the bulletin pro-forma, which is now required when submitting items for inclusion in The Week Ahead.

The weekly bulletin is issued each Monday and the pro-forma must be sent to the communications team by **5pm on the Thursday** preceding the Monday you would like your item to appear.



#tellusthegoodstuff - email: cdda-tr.Communications@nhs.net

