

Become a Dementia Friend for World Alzheimer's Month 2021

This year, Alzheimer's Society theme for World Alzheimer's Month is 'Know Dementia, know Alzheimer's' and we are encouraging everyone to learn more about dementia by becoming a Dementia Friend.

Book on to our online **Dementia Friends** Information Session



Date: Thurs Sept 23rd

Time: 1- 1.40 pm

Scan below to book your place



Learn more about dementia and the actions we can take to support people with dementia to live well in our communities!

Visit:

<https://www.alzheimers.org.uk/get-involved/world-alzheimers-month>
for more information, factsheets and booklets about dementia
available to read online, download or [order to your door](#).

You can also download Alzheimer's Society [publications catalogue](#) (PDF) for full details of all our print publications, accessible resources and practical tools.

Dementia Friendly Darlington Newsletter

September 2021



Head of Steam Railway Museum's **Dementia Café** reopens on the third **Wednesday** of every month **1100 am – 12 noon**.



People living with dementia, their family and carers are all welcome to come along for a friendly cuppa and a chat to the Dementia Friendly Café at Head of Steam Railway Museum.

Dates for 2021 include: Wed September 15th, Wed October 20th, Wed November 17th, Wed December 15th, 11am – 12 noon.

Free admission includes entry to the museum and for more information please email:
sarah.gouldsbrough@darlington.gov.uk
or call 01325 405541

For more information about Dementia Friendly Darlington contact:
Belinda Williams, Dementia Friendly Communities Coordinator, Darlington
07483137521

belinda.williams@alzheimers.org.uk

www.facebook.com/dementiafriendlydarlington

www.alzheimers.org.uk/get-involved/dementia-friendly-communities

For local specialist Dementia Support & Advice

Email: DarlingtonTeesValley@alzheimers.org.uk or call: 01904 929444

to speak to our **Dementia Support Service**. During Covid19 restrictions we are also able to offer additional support through regular Welfare and Companion Calls.

