



DO YOU CARE FOR A CHILD WITH A NEURODEVELOPMENTAL NEED?

Do you live in Darlington, Middlesbrough or Redcar & Cleveland?

FREE VIRTUAL WORKSHOPS & WEBINARS!

Understanding the diagnosis | Toilet training
Helping your child sleep | Encouraging positive behaviour

Small group events on a range of topics. Hear from an expert, ask questions, meet other parents and share ideas.

To book our online workshops visit contact-tees.eventbrite.co.uk

CONTACT'S FREE TELEPHONE SUPPORT SERVICE

Emotional support | Advice | Ideas to help you cope
Free, confidential help over the phone with a family support adviser

To book an appointment visit contact-tees.eventbrite.co.uk

contact *For families
with disabled children*

Contact is a trading name of Contact a Family. Charity registered in England and Wales (284912) and Scotland (SC039169).

WORKSHOP PROGRAMME

Friday 15 October, 12.30 am – 2.30 pm

UNDERSTANDING SENSORY PROCESSING

Learn more about sensory processing, reflect on your child's sensory needs and identify new approaches to support you.

[Register on Eventbrite](#)

Monday 18 October, 10.00 am - 12.00 pm

PRIMARY EDUCATION FOR CHILDREN WITH SEND

How an Education Health and Care plan (EHCP) could benefit your child, how to apply for one and what is involved in the assessment process and the timescales involved.

[Register on Eventbrite](#)

Wednesday 20 October, 10.00 am – 12.00 pm

SUPPORTING YOUR CHILD'S SLEEP

The importance of sleep and why sleep problems may occur, how to introduce a sleep routine, plus top tips to help

[Register on Eventbrite](#)

Find out more by contacting: south.tees@contact.org.uk
or call our freephone number on **0800 2540 890**

www.contact.org.uk

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