



DO YOU CARE FOR A CHILD WITH A NEURODEVELOPMENTAL NEED?

If you're struggling and need some support, we are here for you.

REGISTER TODAY FOR FREE 1:1 TELEPHONE SUPPORT

Emotional support | Advice | Ideas to help you cope

Talk with an experienced family support adviser in confidence for 1 hour. Our family support advisors are parent/carers themselves and offer:

- *support with sleep, behaviour, wellbeing, finances, understanding the diagnosis and transition*
- *both a parental and professional point of view*
- *space to be heard and listened to*
- *advice and signposting to other local services*

To book an appointment visit [contact-tees.eventbrite.co.uk](https://www.contact-tees.eventbrite.co.uk)

Find out more by contacting: south.tees@contact.org.uk

or call our freephone number on **0800 2540 890**

contact *For families
with disabled children*