

Dementia Friendly Darlington



Dementia Friendly Darlington works together with people affected by dementia, local services, businesses, voluntary agencies and people of all ages to make Darlington a place where people with dementia are included, respected and able to participate as they choose.

Here are ways in which **YOU** can become involved!

Book on to our online **Dementia Friends** Information Session



People living with dementia face social isolation now, more than ever.

Become a Dementia Friend and learn about living with dementia and the actions you can take in our community's response to Covid-19.

We are holding an online **Dementia Friends Information Session** on **Thursday August 20th 1 – 1.30 pm** open to anyone living and working in Darlington. Click [here](#) to book your place

For more information contact: Belinda Williams, Dementia Friendly Communities Coordinator, 07483137521 belinda.williams@alzheimers.org.uk

www.facebook.com/dementiafriendlydarlington



Are you affected by Dementia or memory problems?

Would you like to use your voice and experiences to be part of shaping our Dementia Friendly Community post Covid-19?

Dementia Voice Darlington is a new **Dementia Friendly Darlington** project led by and working with people affected by dementia to change the way we think, talk and act about dementia.

And we want **YOU** to become involved!

As the coronavirus restrictions are easing, we are working with people affected by dementia, families, friends & carers to find out...

Are you confident about going out into your community?

What makes you feel confident?

What would make you feel **more** confident?

What actions can we take to make our communities more dementia friendly?

Your views, ideas and experiences will inspire, influence & inform actions to make Darlington a place where people affected by dementia and memory problems have a voice, feel confident, included and actively involved as they choose!

For more information about **Dementia Voice Darlington** and how you can take part contact: Belinda Williams, Dementia Friendly

Communities Coordinator, Darlington

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For local specialist Dementia Support & Advice call 01748 825817 or email darlingtonteesvalley@alzheimers.org.uk to speak to our **Dementia Support Service**. During Covid19 restrictions we are also able to offer additional support through regular Welfare and Companion Calls.