

# Help us shape the Darlington Carers Strategy

Organisations across Darlington Borough are working together to produce a plan for the future around support for unpaid family Carers. It will be called Darlington’s Commitment to Carers 2023-2027 and will explain how we can all work together to improve things. We need your help from the beginning to know what is currently working well for you and what needs improvement.

We want you to think about support you currently get from health, social care and charities and if it works for you, and then tell us what needs to change in the future if anything? The survey is anonymous. If you want to be kept up to date with the new plan or would like to be involved in future, we will be sending up updates through the partners who have contacted you to fill this survey in, so make sure they know.

Closing Date Tuesday 28th February 2023

**1. What has been working well for you? / What makes you glad?** *(Think about the support you receive from Health, Social Care or other organisations, such as charities, and tell us what has been working well for you/the person you care for)*

Enter your answer

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**2. What have been the challenges? /What makes you sad or mad?** *(Think about the support you receive from Health, Social Care or other organisations, such as charities, and tell us what the challenges have been for you/the person you care for, including anything that it isn't working well)*

Enter your answer

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**3. What needs to happen going forward?** *(What would make things better for you/the person you care for?)*

Enter your answer  
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**4. Are you worried about anything?** *(If you are worried about something, please tell us what you are worried about)*

Enter your answer  
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**5. Please select your age group.**

- 18-24
- 25-34
- 35-44
- 45-54
- 55-64
- 65 or over
- Prefer not to say

**6. What is your gender?**

- Male
- Female
- Other
- Prefer not to say

**7. Who do you care for?**

- Family Member
- Friend
- Neighbour
- Prefer not to say

**8. How many people do you care for?**

- 1
- 2
- 3
- more than 4
- Prefer not to say

**9. Which service(s) are you currently receiving support from? (please tick all which apply)**

- Darlington Carers Support
- Adult Social Care (Darlington Borough Council)
- Age UK
- Alzheimer's Society
- Children's Services (Darlington Borough Council)
- Darlington Association on Disability (DAD)
- Darlington Memorial Hospital
- Darlington Young Carers
- GP Surgeries and other GP staff i.e., Social Prescriber
- Healthwatch
- MIND (Darlington)
- St Teresa's Hospice
- We are with you
- West Park Hospital (Mental Health Services)
- Other (Please specify) .....

Thank you for taking time to fill in this survey