



TAKE PART IN A WIDE VARIETY OF ARTS, CULTURAL AND HERITAGE ACTIVITIES IN PERSON OR ONLINE



Our qualified and experienced staff and volunteers will...

- Support you to visit and participate in weekly arts, cultural and heritage based activities in-person or online.
- Help you set up and use your tablet and/or mobile phone.
- Provide a safe and secure online platform where you can discuss, create memories and share your experiences with loved ones and carers.
- Transport, refreshments, care and support will be provided if attending activities in person.



KEEP YOUR MIND ACTIVE



LEARN NEW SKILLS



**INTERACTIVE, SUPPORTIVE AND HELPS
YOU TO STAY CONNECTED**



MAKE NEW FRIENDSHIPS



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