

What's on Kooth in August?



Kooth Live Forum: Kooth Camp: Play Day Fun

DATE: August 4th **TIME:** 7.30pm to 9pm

INFO: Come and join us for our fun-filled Summer Camp style forum filled with games and activities to honour National Play Day. We will be considering low-cost activities for all abilities to enjoy this Summer!

Kooth Live Forum: Book Club: Summer Reads

DATE: August 9th **TIME:** 7.30pm - 9pm

INFO: This summer, why not come and join us for our Summer Reads Book Club? It'll be a place to discuss all things books, share summer reads and connect with others over their love of literature!

Kooth Discussion Board: Summer, Sun, & Self Care?

DATE: August 16th **TIME:** N/A

INFO: Stop by this discussion board to talk about how you're finding the summer holidays. Whether you're having the time of your life or are finding things tricky, stop by and connect with others.

Kooth Discussion Board: Never Give Up Day

DATE: August 18th **TIME:** N/A

INFO: Struggling with something in your life? Why not stop by and chat with others about what gives you motivation and the support to keep going when things are tough.

Kooth Podcast: Never Give Up Day

DATE: August 20th **TIME:** N/A

INFO: The 18th of August is Never Give Up Day, and on the Kooth Podcast, we're going to be discussing the importance of determination, resilience, but also giving yourself a break.

Kooth Discussion Board: Let's Talk About: Hormones

DATE: August 20th **TIME:** 7.30pm to 9pm

INFO: In this forum, we will be talking all about hormones and some of the things we may encounter up to young adulthood, recognising differences between us all, and discussing ways to manage and embrace changes.

Kooth Live Forum: Socialising on a Shoestring

DATE: August 25th **TIME:** 7.30pm to 9pm

INFO: Feel free to join us to discuss some nifty ways to thrift, budget, and still enjoy time with others without spending big bucks this summer!

Kooth Live Forum: Preparing for Transitions

DATE: August 30th **TIME:** 7.30pm to 9pm

INFO: As we approach the start of a new academic year, why not come along to this forum to talk all about it? Whether you're moving up a year, or starting a new venture at high school, college or university.



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