

Carers & Parent Carers  
Mental Health Focus Group Event



Tuesday 21<sup>st</sup> September, 12:30pm to 2:00pm on Zoom



Carers and Parent Carers are invited to join an online focus group event. The event will be an opportunity for carers to tell us what they would like to see in their community when it comes to mental health support.

Find out more or to book your free place today by emailing [info@healthwatchdarlington.co.uk](mailto:info@healthwatchdarlington.co.uk) or call **01325 380145** (please leave a message) or text **07525 237723**