

# Men's Mental Health Focus Group Event

Tuesday 14<sup>th</sup> September, 12:30pm to 2:00pm on Zoom



Men are invited to join an online focus group event. The event will be an opportunity for men to tell us what they would like to see in their community when it comes to mental health support.

Find out more or to book your free place today by emailing [info@healthwatchdarlington.co.uk](mailto:info@healthwatchdarlington.co.uk) or call **01325 380145** (please leave a message) or text **07525 237723**