

Age UK NYD - Hot meals menu

starting 5/10/20

Week 1

Monday

Sausage , mash and Yorkshire puddings and veg
Syrup sponge and custard

Tuesday

Cottage pie with veg .
Jam and coconut sponge and custard

Wednesday

Pork dinner .mash and veg
Lemon sponge and custard

Thursday

Mince and dumplings. mash and veg
Sultana sponge custard

Friday

Chicken casserole .mash and veg
Ginger sponge and custard

Saturday

Steak bake .mash and veg
Chocolate sponge and custard

Sunday

Roast chicken ,stuffing ,roast potatoes and veg
Apple crumble and custard

Week 2

Monday

Savoury mince and Yorkshire puddings
Mash and veg
Jam and coconut sponge

Tuesday

Chicken and veg pie
Mash and veg

Syrup sponge and custard

Wednesday

Cottage pie with veg

Chocolate sponge and custard

Thursday

Sausage mash , Yorkshire puddings and veg

Apple crumble and custard

Friday

Fish cake new potatoes peas and sweet corn
parsley sauce

Bread and butter pudding and custard

Saturday

Pork chops mash and veg

Lemon sponge and custard

Sunday

Chicken stuffing roast potatoes and veg

Sticky toffee pudding and custard