



What's on Kooth in November

Wednesday 2nd November

Live Forum

Stress Awareness Day- Surviving stressful situations

7.30pm - 9pm

Friday 4th November

Discussion Board

November

Saturday 5th November

Discussion Board

Remember, Remember the 5th of November

Wednesday 9th November

Discussion Board

How Can We Be Kind Online

Friday 11th November

Live Forum

Kooth's Book Club- Tips for writing

7.30pm - 9pm

Wednesday 16th November

Live Forum

Self Care- Creating a self-soothe box

7.30pm - 9pm

Saturday 19th November

Discussion Board

International Men's Day

Monday 21st November

Live Forum

What is masculinity to you?

7.30pm - 9pm

Wednesday 30th November

Live Forum

Young Carers- Do you know your rights?

7.30pm - 9pm